



# Photobiomodulation as an antioxidant substitute in post-thawing trauma of human stem cells from the apical papilla

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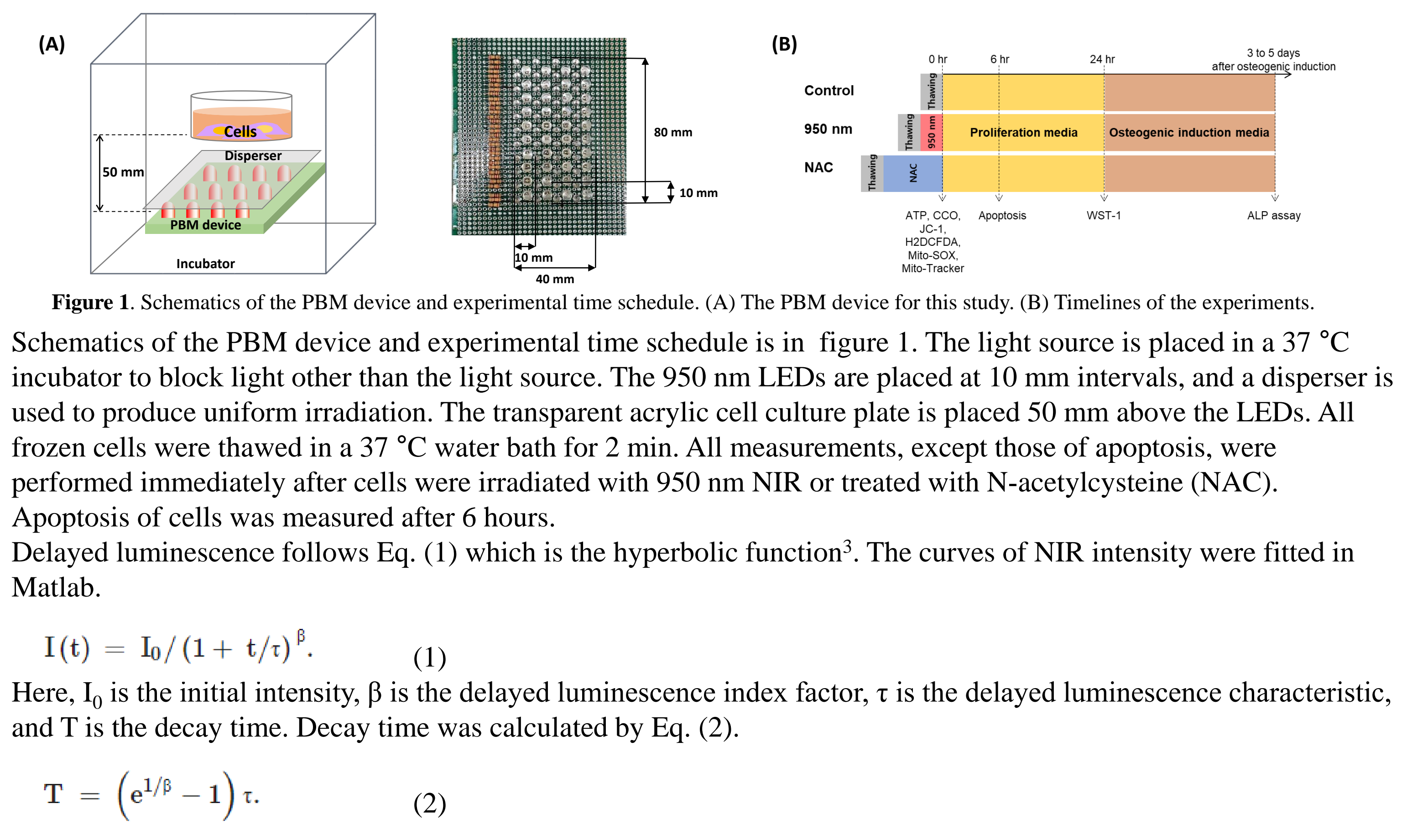
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## Introduction

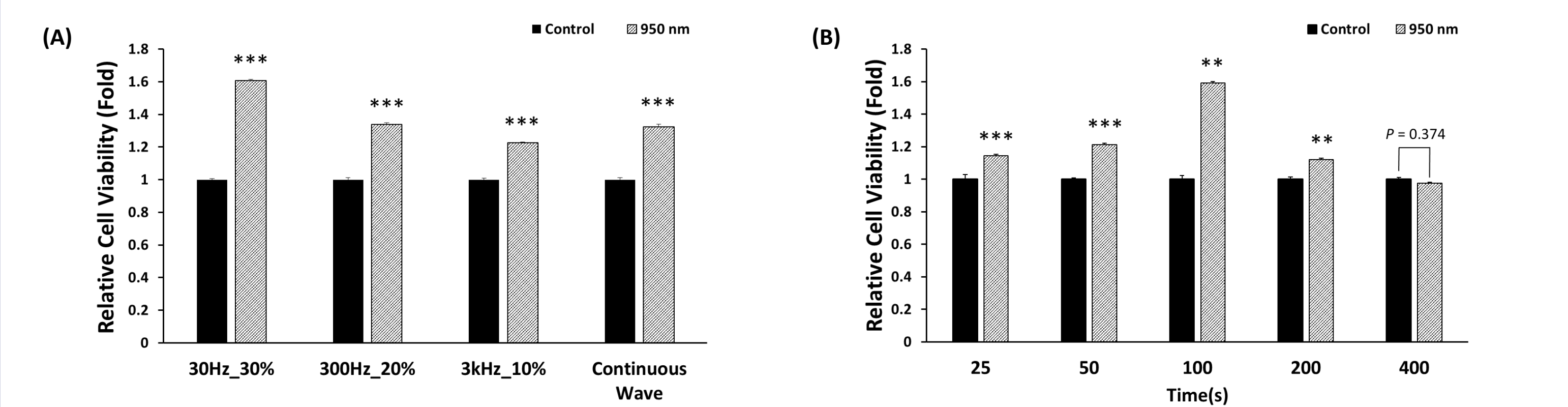
Photobiomodulation (PBM) is an application of certain wavelengths of light to biological systems to change their cellular activity. Cytochrome c oxidase (CCO) acts as the primary cellular photoacceptor in PBM. According to a previous study, PBM often induces a dose-dependent increase in reactive oxygen species (ROS) production in biological systems but decreased ROS levels in cells exposed to oxidative stress at 750 and 950 nm<sup>1</sup>. Therefore, PBM can be used as a substitute for antioxidants in post-thawing trauma to overcome the limitations of chemical antioxidants. In this study, we used human stem cells from the apical papilla (SCAP). To identify the optimal pulsed wave, delayed luminescence (DL) is needed. DL is a measure of the intensity of light emitted from cells after the light source is turned off. The emitted photons are a response to modulation of ROS production by PBM. Thus, DL represents mitochondrial activity in the cells<sup>2</sup>. To determine the optimal effectiveness of PBM on modulation of ROS production, it is necessary to determine the decay time of DL to resolve post-thawing trauma. DL was used to determine the optimal PBM condition for all following measurements.

Keywords: Photobiomodulation, Post-thawing trauma, Stem cell, ROS

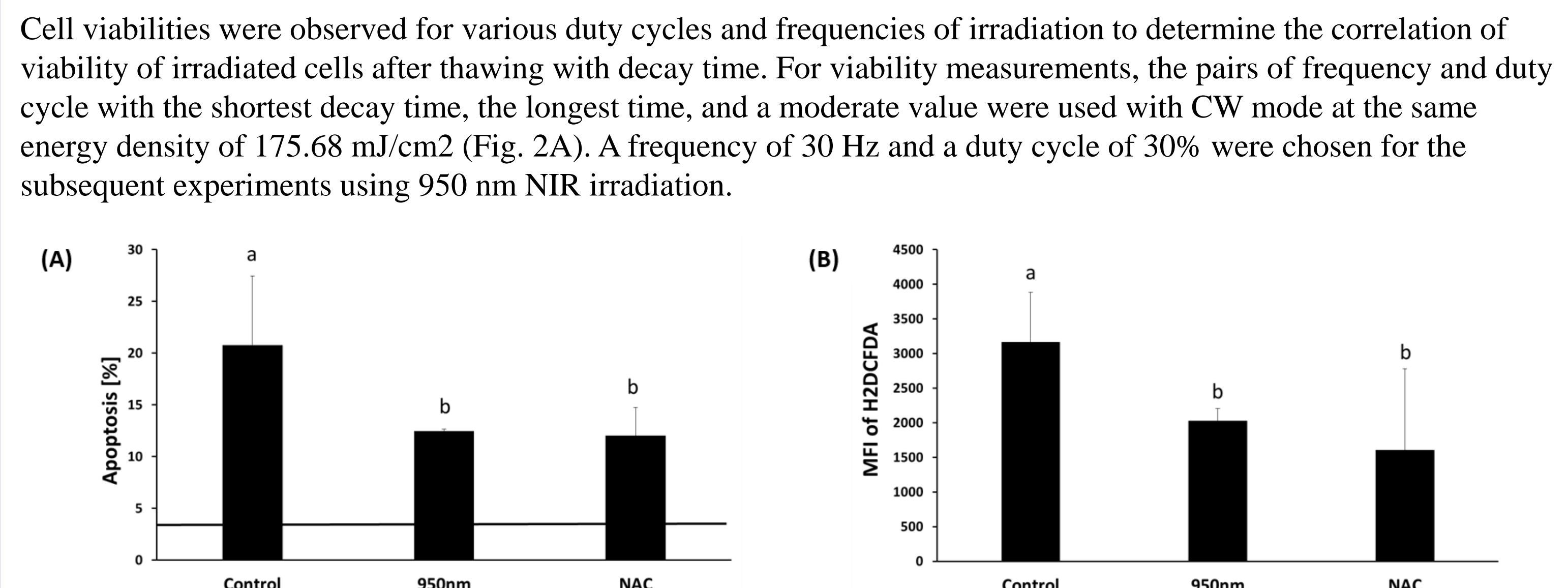
## Materials and Methods



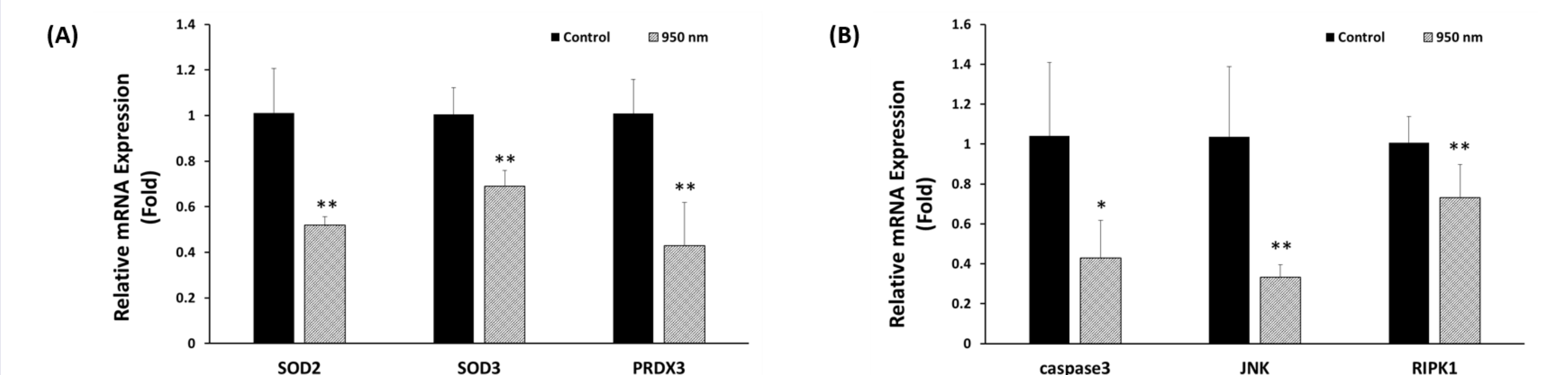
## Results



Cell viabilities were observed for various duty cycles and frequencies of irradiation to determine the correlation of viability of irradiated cells after thawing with decay time. For viability measurements, the pairs of frequency and duty cycle with the shortest decay time, the longest time, and a moderate value were used with CW mode at the same energy density of 175.68 mJ/cm2 (Fig. 2A). A frequency of 30 Hz and a duty cycle of 30% were chosen for the subsequent experiments using 950 nm NIR irradiation.

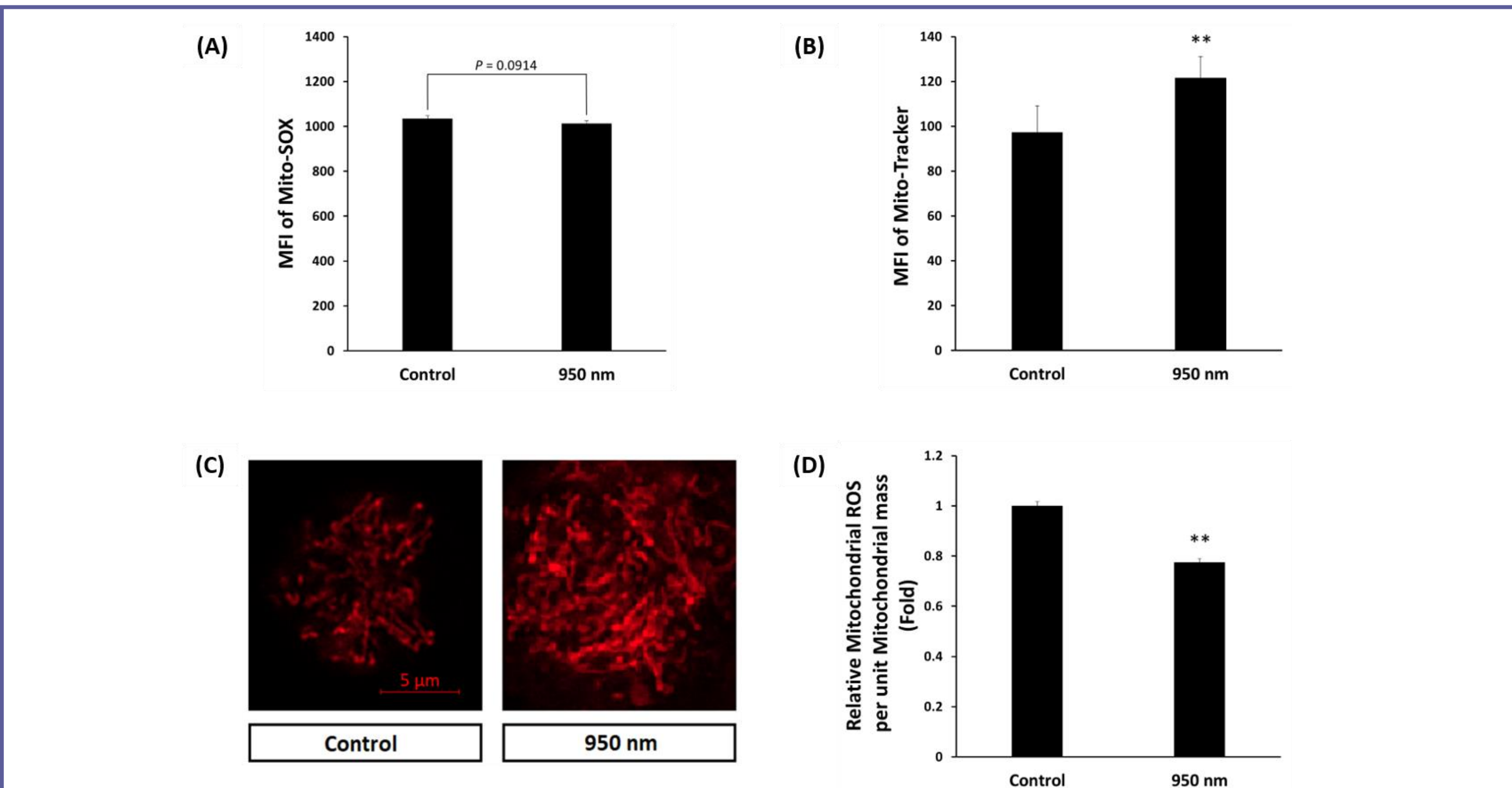


Cryopreservation induces programmed cell death and explosive oxidative stress<sup>4,5,6</sup>. The MFI of H2DCFDA and the percentage of apoptosis were proportional. Thus, increased ROS by cryopreservation was one of the main factors inducing apoptosis in post-thawing trauma. PBM with 950 nm NIR reduced both programmed cell death and ROS concentration.

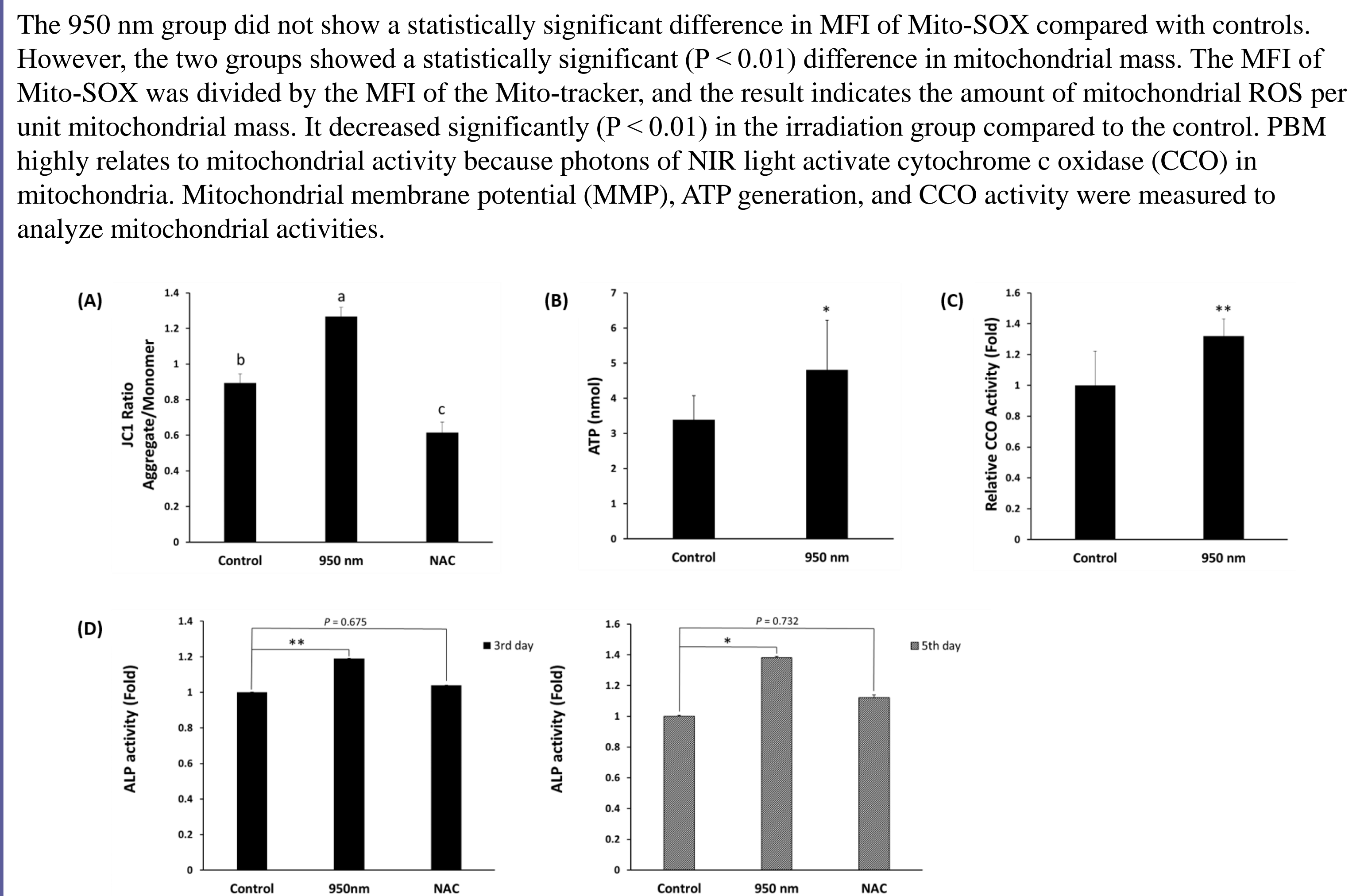


## Acknowledgements

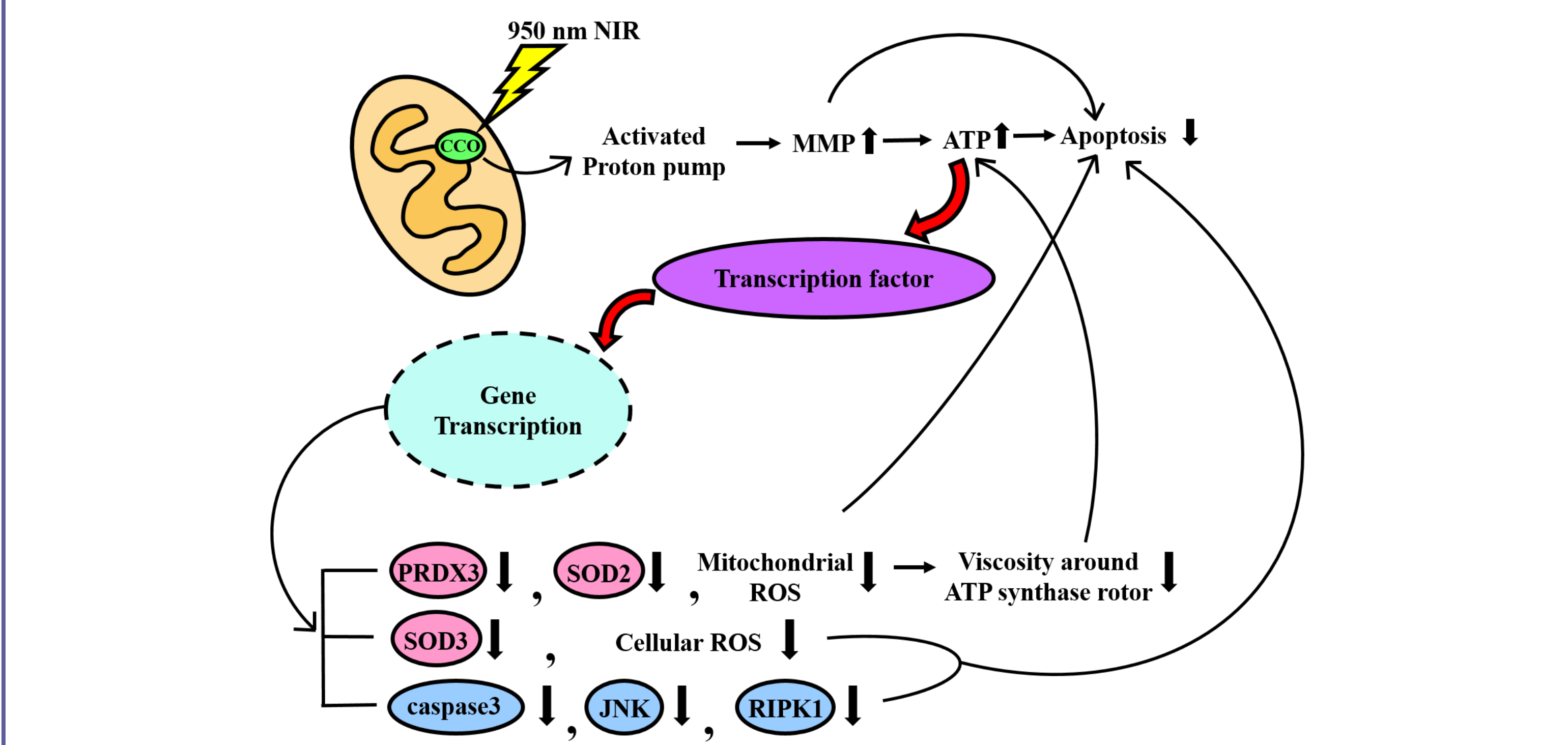
We thank Pill-Hoon Choung for the stem cells from apical papilla, Sung Nam Kim for his financial assistance and Seung Hye Hong for her analytical assistance.



The 950 nm group did not show a statistically significant difference in MFI of Mito-SOX compared with controls. However, the two groups showed a statistically significant (P < 0.01) difference in mitochondrial mass. The MFI of Mito-SOX was divided by the MFI of the Mito-tracker, and the result indicates the amount of mitochondrial ROS per unit mitochondrial mass. It decreased significantly (P < 0.01) in the irradiation group compared to the control. PBM highly relates to mitochondrial activity because photons of NIR light activate cytochrome c oxidase (CCO) in mitochondria. Mitochondrial membrane potential (MMP), ATP generation, and CCO activity were measured to analyze mitochondrial activities.



## Conclusion



In conclusion, we discussed cryodamaged stem cells and the mechanism for recovering the damage by PBM. Various indicators have demonstrated that PBM induces normalization of cells damaged by cryopreservation, indicating that PBM can be used as an alternative to antioxidants in post-thawing trauma. PBM is being used as a treatment in various oxidative stress-causing diseases, but the mechanisms of PBM under various cell types and conditions remain unclear. Ultimately, we need an understanding of the more generalized PBM mechanisms associated with different cell types and PBM conditions. Currently, stem cell treatments are a popular research topic, so it is important to treat post-thawing trauma because most methods of preserving stem cells are types of cryopreservation.

## References

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